Vera

Vera, Nov. 18.- "If ye abide in me, and my words abide in you, ye shall ask what ye wil, and it shall be done unto you." -John 15-7.

Mrs. Mildred Warters and Mrs. Ernest Ferguson visited in the home of Mr. and Mrs. T. C. Harvey on Monday.

We are sorry to hear of the illness of Mr. John Tweedy, and do hope for him a speedy recovery.

Miss Gail Webb visited in the home of Mr. and Mrs. T. C. Harvey on Wednesday night.

Mrs. T. C. Harvey and Harriette and Mrs. Richard Carson were in Lynchburg Friday.

Visitors in the home of Mr. and Mrs. T. C. Harvey on Sunday were Mr. and Mrs. Robert Coleman, Mr. and Mrs. Leslie Coleman, Mr. and Mrs. Richard Carson and Sylvia, Mrs. Lester B. Harvey, Mr. and Mrs. T. C. Harvey, Jr., and Sandra Kay, T. C. III, and William, Mr. and Mrs. T. J. Harvey and Mrs. Eva Hayden.

We are sorry to hear that Mr. George Abbitt, Sr., is on the sick list, and wish for him a speedy recovery.

We hope that the hunters kill a lot of deer, for they destroy people's crops and gardens so badly.

DAMP CELLARS CAN BE AVOIDED

Damp cellars have long been a common bugaboo of home owners —but a few rules can help a home builder avoid the trouble, say VPI specialists.

They say the site should be moderately elevated so there is a fall in at least one direction. The soil and subsoil should be open and porous so that air and water are admitted readily. Good, deep, natural drainagle will help. Do not choose a site until you have determined the source of the domestic water supply, its purity and amount. Be sure to locate a suitable plot of ground into which waste sewage and other foul water can be drained.

Common causes of dampness in cellars are: land which is flat or sloped toward the cellar wall; absence of eaves, gutters, and down spouts, or failure to repair defective ones; ground water close to or higher than cellar bottom; sweating or condensation of atmospheric moisture on walls and floors; leaky plumbing; and dense masses of vines, shrubbery, and trees.

To avoid trouble from roof water, use gutters and down spouts to conduct the water away from the buildings. To avoid trouble from surface drainage, grade a downward slope extending at least 10 feet from the building. To avoid trouble from ground water, lay a 4-inch tile line close to the cellar wall bottom or footing to take moisture from this area.

When all these methods fail and water still gets into the basement, use a cellar pump operated automatically by a float switch.

Homemakers Items

Few things are more enticing than the fragrant warmth of a busy kitchen on a cold winter day—and with holidays just ahead the kitchen will be busier than ever.

However, the busy kitchen is often a hazardous one, warn Extension specialists.

They say to take your time. Hurried mothers in the kitchen are headed for careless, costly accidents.

Falls are one of the main kitchen hazards. You can protect yourself and others by imemdiately cleaning up slippery substances, such as spilled water, grease, or foods. A safe step stool will eliminate another kitchen danger - that of climbing chairs, boxes, and other makeshifts when reaching for high shelves.

Cuts can easily be avoided if safe practices in the care, use, and storage of knives are observed. Storing sharp knives separately will protect both user and the knives. Wash them individually, and never leave them in the dishwasher. Put them away immediately after washing.

Burns are another cause of serious injuries. Keep potholders conveniently near the range, and use them when needed. Tongs are both handy and safe for handling hot foods. Warn children of the dangers of the hot stove, and explain to them why they must not touch hot things. Take time to be careful.

Health and Beauty

Many well-meaning parents seek to help their children about tests by "hounding" them into studying. This does not mean that you should not encourage your children to make good grades and to take an interest in the important courses they are taking.

Instead of repeated hounding, and nagging, try telling your child at every opportunity how much his studying and learning now will mean to him later. Tell him you know that he can make good marks if he applies himself; never moan that he is no good in a subject, and tell him you know he will fail.

Grade school is the time for your children to learn to apply themselves to consistent study — to learn to dig, if necessary. If the normal child makes an effort to keep up with his studies, there will be no dread of examinations at the term's end, even for tough subjects. Few teachers fail students who try conscientiously and consistently to learn through the year.

The mental and physical health of your child can be greatly affected by the wrong study habits. There are students who let bad grades and worry over tests lead to jitters characterized by sleeplessness, dilated pupils, excessive perspiration, loss of appetite, and other usual symptoms of situational-anxiety.

There is evidence that undue anxiety about grades and tests can trigger an existing neurosis into an emotional explosion.

Adjusting to the pressure and demands of school life is one of the first important steps along life's way for many children. By the time they reach school age they have usually made their adjustment to group activity and social intercourse. In a marked way their personalities are cast. In school they make the first necessary adjustment to applying themselves to work of a demanding mental nature. Although it may all seem very simple to a 25 or 30 year parent - it is not simple to the child. It is new and hard, and the child can benefit from all the constructive help from parents that is possible.

GOOD REASON

Denver.- Mrs. Cora Belle Cox, 50, won a divorce by answering just one question.

Judge Marshall Quist asked: "Did your husband ever abuse you?"

Said Mrs. Cox: "Judge. He was a Nazi."

INFLATION WARN

Paris.- The Comm Eurosgean Economic has warned that if United States wished to avoid recession, "the authorities to be alert to the ne potential inflationary

The O. E. E. C. is a of seventeen European

Play safe — drive

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Twin Mix is composed of cereal grains, milk product, soybean meal, linseed meal, fish meal and molasses plus all essential minerals and vitamins. It supplies the nutrients needed to supplement milk or milk substitutes and promote more rapid, economical growth.

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Spread more Christmas cheer next year. Have enough extra money to enjoy a wonderful winter holiday, too. You can do both, simply by saving a convenient amount regularly the Christmas Club way. It's easy and it's fun. Join now. We'll welcome you as a member.

Pay Weekly	Receive 50 We
.50 each week for 50 weeks	$25
$1.00 each week for 50 weeks	$50
$2.00 each week for 50 weeks	$100
$3.00 each week for 50 weeks	$150
$5.00 each week for 50 weeks	$250
$10.00 each week for 50 weeks	$500

THE Farmers National Bank
MEMBER FEDERAL RESERVE SYSTEM
Appomattox, Virginia

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Talk about having Christmas every day! Mrs. Modern celebrates it every time she turns on the Electric Dishwasher Santa brought her last year! For this electric helper alone saves her six wonderful hours a week. Extra hours to enjoy family fun . . . keep up with her reading . . . do the things that were once so hard to fit into her busy schedule.

This Christmas YOU be Mrs. M! You'll not only get a lifelong vacation from the sink . . . you'll guard your family's health with the cleanest dishes ever. That's because an Electric Dishwasher uses water far hotter than hands could bear, and dries without a dish towel's touch. So better take *your* Santa on a visit to your Electric Appliance Dealer's . . . soon!

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ll

...17.- My, we are ...lovely fall weather ...are very thankful ...pray, as the ...ing today, no one ...way.

...D. Stratton and ...and Mrs. Jimmy ...in Covington last

...Harold Jones and ...ing, and Mr. and ...and children, of ...Sunday with Mr. ...ker. Mr. Wheeler ...ast week and dis... He is getting

...Vinson Russell and ...mond, spent the ...parents, Mr. and

...Paris Jennings and ...Norce Dysse spent ...day with the Rev. ...Spain and family.

...Peter Wheeler visit... E. L. Chick last

...of Concord, spent Wednesday in the Chick home.

Mr. and Mrs. Cantrell Smith and girls, and Mr. and Mrs. E. O. Showalters and Steve visited Mr. and Mrs. C. D. Carson over the weekend.

Mrs. Tilden Lee and Miss Barbara Lee spent last week-end with Miss Winnie Lee at Harrisonburg.

Mrs. Jessie Stratton, of Richmond spent Friday night with Mrs. John Burnette.

Mr. and Mrs. Hugh Braford and children visited his ill brother in the hospital at Lexington on Sunday. Sure hope he will be lota better.

Mr. and Mrs. Lyle Thomas spent Sunday with her parents, Mr. and Mrs. W. C. Drinkard. Both are on the sick list. We hope for them both a speedy get well.

Mr. and Mrs. J. E. Herndon and family visited in Covington last week with their daughter, Mrs. Jimmy Stratton and her family.

Mr. and Mrs. Lester Carson visited Mr. and Mrs. E. L. Chick on Saturday night.

Mrs. John Burnette spent Sunday with her sister, Mrs. Jim Robertson and her family at Spout Springs.

The W. M. U. of Hebron Church met with Mrs. G. F. Jennings on last Tuesday night, with grand attendance.

The Stonewall Home Demonstration Club met at the Stonewall Community Center last Thursday for its November meeting, with a fair attendance.

Mrs. Ruby Carson and Mrs. Ruby Chick were co-hostesses for the meeting.

Mrs. S. E. Anderson is spending some time in Richmond with Mrs. John Smith and her family.

NEWS FOR VETERANS

For the first time since the days of World War II the estimated number of veterans in civilian life is showing a consistent downward trend, Sumner G. Whittier, Administrator of Veterans Affairs, reported.

There were an estimated 22,723,000 veterans in civil life on September 30, 1958.

Increasing steadily as the servicemen of, first, World War II and then of the Korean conflict returned from the ranks of the military to civilian pursuits, the number of veterans in the nation reached an all-time high of 22,735,000 in March, 1958.

Up until that time, the number of servicemen becoming veterans during the average month exceeded the number of veterans of all wars who died each month, or who returned to active duty.

The drop to 22,723,000 on September 30 marked the sixth consecutive month the total veteran population had shown a decrease.

The total drop during the 6-month period was 12,000 and was strong indication that, after 19 years of increase, the number of war veterans in the nation was on a downward trend.

The September 30 breakdown of veterans shows that 4,463,000 were veterans of the Korean Conflict alone; 15,274,000 saw service in World War II; 2,852,000 were veterans of World War I and 134,000 are veterans of all other wars including the Spanish - American, various Indian Wars and the regular establishment.

POINSETTIAS FINICKY ABOUT LIGHTING

Poinsettias are finicky flowers when it comes to lighting, says A. G. Smith, Jr., associate horticulturist at VPI.

He says it is hard to grow the fairly short, good poinsettias in the home. The lack of sunlight during the day and the danger of too much light at night interferes with their normal development.

The "blooms" on a poinsettia are colored leaves. The actual flowers are very small. The colored leaves develop during the short days and long nights.

If you are trying to grow poinsettias at home, Smith says to:

Give the plant sunlight during the day and keep the temperature around 65 to 70°. To help the blooms develop, put the plant in a dark room about 5 P. M., and keep it dark until 8 A. M. the next morning. Even short periods of exposure to night lights will interfere with blooming. The temperature at night should be about 60°.

Poinsettias grown in this manner may develop rapidly and tend to grow rather tall. Feed the plants lightly about the time the color develops on the leaves.

Don't water the poinsettia too much, and don't use very warm water, or the leaves may turn yellow and drop. The same trouble can result if the plant is in a pot that is too small.

Once the plant has bloomed and it is brought out into the night lights, the red leaves will begin to fall after 10 days or so, and the plant will enter a rest period.

for This...we are Thankful

More than three and a half centuries ago, our forefathers came to the vast, tractless wilderness of the New World to seek freedom. They found it . . . and through sacrifices, hardships and hard work they founded a nation and established the high principles upon which it was to be built.

Since then — through civil strife, world wars, depressions and prosperity, and despite attempts to undermine the American way of life — we have held fast to the principles of our forebears.

We are Thankful... for the priceless heritage they left us — the freedom to live, speak and worship according to our own choice.

We are Thankful... for the freedom of the ballot — the right to elect the representatives of our government, to determine the form of that government, and the manner in which it shall be administered.

We are Thankful... on the Norfolk and Western Railway — for your friendship and good will, and the privilege of serving a great territory.

So, at this Thanksgiving, as we express gratitude for all of our blessings, we join with you in renewing our faith in the principles of our forefathers. With you, we pledge anew our determination to guard and perpetuate those principles of freedom, and to work with all the intelligence and energy at our command for a just and lasting peace among the peoples of the world.

Norfolk and Western RAILWAY

THE BIBLE SPEAKS

International Uniform Sunday School Lessons

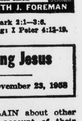
BY DR. KENNETH J. FOREMAN

Bible Material: Mark 2:1—3:6.
Devotional Reading: I Peter 4:12-19.

Opposing Jesus

Lesson for November 23, 1958

WE COMPLAIN about other people on account of their faults. Suppose we met a man without fault? We should probably go right on complaining. We can be very critical of other people's sins; but suppose we met a sinless man for once? We should probably not know it; for we would, by long habit, go right on carping and complaining.



Dr. Foreman

This is not just imagination. That was precisely what happened to Jesus of Nazareth. Many wonderful stories cluster about him, but one of the most amazing facts is that he had enemies. You would think that surely when the Divine Love in human form "went about doing good," the welcome would be unanimous. But it was not.

Breaker of Patterns

We should not forget that Jesus did not die a natural death; he was murdered. And this not by some alley assassin, some mad crank. He was done to death by the forces of "law and order," by people high on the ladder of respectability. His opponents were not obscure persons from the criminal classes, they were people who had front seats in church. The murder on Calvary, for murder it was, like all events had its beginnings long before. What did Jesus do, what did he say, to induce solid and respected "pillars" of society to suspect, fear, hate him?

It was chiefly that he was a breaker of patterns. Those who disturb or even criticize other people's ways of life, ways of thought, always run into storms of opposition and abuse.

God on Our Streets

One of the familiar patterns that Jesus broke was theological, an idea about God. This idea-pattern was that God was far off, "high and lifted up," remote from the stirrings and scramblings of men. But Jesus said things, strange things such as forgiving the sins of a man who had not so much as opened his mouth to say "I repent;" so that it sounded as if he were actually claiming to be equal with God. A God in heaven men could understand, or thought they could. But a God who walks on our street, who talks to shady characters and even eats with them? A God focused in one human personality? No, this could not be, though the theologians, the Pharisees . . . and the spiritual descendants of the Pharisees to this very day oppose Christ, and the high claims made in his name, for the same reason.

"Our Way of Living"

For one person who opposed Jesus on theological grounds there must have been many more who opposed him on social grounds. Many church people will permit their preacher, for example, to have any theology he pleases; right left or center. But let the preacher move just a trifle to the left socially, and his resignation is requested. Jesus experienced this. He broke through old social patterns. It was thought then, just as many think today, that men can be measured by the social class to which they belong; and that there should never be crossing of class lines. Jesus broke with these old social patterns. "A man's a man for all that" describes his attitude to men. He knew that individuals are far more important than their class-status. But for this completely democratic attitude to men, he was opposed . . . and still is.

If Jesus stirred opposition by his claims to deity and his ignoring of many established social patterns, he aroused real horror in some people by his fresh and free attitude to moral problems. His healings on the Sabbath Day were cases in point. No one had a higher regard for the law of God than Jesus did. But his critics confused the law of God with their own interpretations of it. Jesus on the other hand would not believe that moral problems can be settled by formulas, or that the formulas of yesterday are always and invariably right for today. Laws are good; but Jesus did not accept even the law of Moses as God's last word. Jesus' approach to every moral problem was to ask, in effect, What is this doing to people?

Subscription rate: $2.00 a year; payable in advance.